



HOPEFitness

Making Fitness Accessible for ALL Abilities

www.HOPEFitness.org

1 (877) 396-HOPE

SPECIAL EVENT WITH HOPEFITNESS!

WEDNESDAY, AUGUST 19TH

2:00 P.M.

ACCESSIBLE PLAYGROUND AT FIELD FOUR OF EISENHOWER PARK

Stretching, exercises, and fitness program for children and young adults with and without disabilities



**Questions about the program? Please contact Michelle Licata:
516-597-4937 or MichelleL@latcp.org**

play.include.inspire.